

Dear friend,

Sexual abuse and molestation have been getting a lot of attention in the frum media recently. We've been hearing a lot about how many Jewish kids have been molested. People in the know will tell you that there is little peer support available to victims, who often feel ashamed, alone, and afraid. The statistics for child sexual abuse are one in four girls, one in six boys. Think about it! that means in a class of 24 girls, on average you will have six girls who were molested, and in a class of boys, four!

I myself am a survivor of sexual abuse. After looking for peer support online, I found many forums that I could join for support. The problem with all these forums was that they are not frum sites, and after a while were not so helpful. The outside world doesn't understand many aspects of frum life, and I didn't like having to explain every step of the way.

Instead of waiting for someone else to come up with a solution, I found one myself. Using my blogger name as the basis, I started a private survivors only blog, which never got past its rocky start. After hearing someone speak about Rav Noach Weinberg zt"l, how he didn't give up when his schools failed, and how he eventually became the giant of a man that he was, I decided not to give in to my instincts, which were to give up.

I have just finished setting up two online forums for people who grew up frum and/or are frum now. It would be greatly appreciated if you can forward this email to everyone you know, so that any jewish person who was abused will know where to go for peer support.

For females: www.allusheffelech.proboards.com

For males: www.ay-ynhorah.proboards.com

Thank you, and tizku lemitzvohs.

Little Sheep

visit www.sheffele.blogspot.com for "my (sick and ugly-but getting better) story!"

www.allusheffelech.proboards.com